



## Winter 2011



### What's New in Activities?

Theme Months! That's what is new! January is Carribean/Pirate Month. February will be Love & Music Month. March will be Mother Earth Month. We have lots of great things planned. Lots of fun, new, and entertaining things and activities. Come join us!  
We'd love to have you.

### Team Leaders

Jamie Philhower - Day Shift Nursing  
Jamie Muchmore - Evening Shift Nursing  
Carol Corbett - Night Shift Nursing  
Brenda Muselin - Director of Nursing  
Patty Grove - LNHA  
Rachel Hermansen - Admission Clinical Liason  
Lena Hatfield - Social Services  
Daisy Andrews - Dietary Services  
Marcy Banta - Activity & Volunteer Director  
Darrell Ross - Director of Facility Services  
Vicky Alford - MDS Coordinator  
Carol Drube - Wound Care & Restorative  
Kaveri Sivaruban - Medical Director  
Marie Matthews- Weekend Nursing Supervisor  
Mary Shay-Nursing Supervisor

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# Love Songs

The following songs were No. 1 love songs from the last 67 years. Match the songs with the artists who sang them.



1. *You Always Hurt the One You Love* (1944)

2. *Be My Love* (1951)

3. *Love Me Tender* (1956)

4. *A Big Hunk of Love* (1959)

5. *I Can't Stop Loving You* (1962)

6. *Where Did Our Love Go?* (1964)

7. *Stop! In the Name of Love* (1965)

8. *To Sir, With Love* (1967)

9. *I Think I Love You* (1970)

10. *50 Ways to Leave Your Lover* (1976)

11. *Silly Love Songs* (1976)

12. *How Deep Is Your Love* (1978)

13. *What's Love Got to Do With It?* (1984)

14. *The Power of Love* (1985)

15. *Greatest Love of All* (1986)

16. *Groovy Kind of Love* (1988)

A. Lulu

B. Supremes

C. BeeGees

D. Whitney Houston

E. Paul Simon

F. Huey Lewis and The News

G. Mario Lanza

H. Mills Brothers

I. Phil Collins

J. Ray Charles

K. Tina Turner

L. Elvis Presley

M. Paul McCartney

N. Supremes

O. Elvis Presley

P. Partridge Family



*Happy Holidays,  
Happy New Year,  
and Happy Times!  
Christmas, Pirate  
Party, and Music of  
Dan Henning!*



## Homemade Gumdrops

Prep Time: 25 minutes

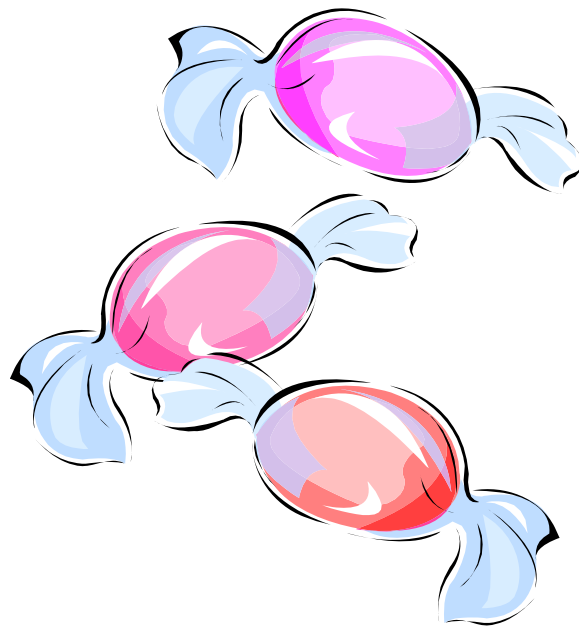
Cook Time: 30 minutes

**Ingredients:** vegetable oil, 1 cup sugar, 1 cup light corn syrup,  $\frac{3}{4}$  cup orange juice, 1  $\frac{3}{4}$  oz pkg. powdered fruit pectin,  $\frac{1}{2}$  tsp. baking soda, 2 drops red food coloring, sugar

1. Line 9" x 5" x 3" loaf pan with aluminum foil. Brush with oil. Set aside.
2. Heat sugar and corn syrup to boiling in a 1  $\frac{1}{2}$  quart saucepan over medium-high heat, stirring constantly, until sugar is dissolved. Cook without stirring to 280 degrees on a candy thermometer or until a small amount of mixture dropped into very cold water separates into hard but not brittle threads.
3. While cooking sugar mixture, heat orange juice, powdered fruit pectin, and baking soda to boiling (mixture will be foamy) in 2 quart saucepan over high heat, stirring constantly. Reduce heat.
4. Slowly pour hot sugar mixture in a thin stream into orange juice mixture, stirring constantly. (This

- should take 1 to 2 minutes.) Remove the pan from heat.
5. Stir in food coloring, if using, and let stand 2 minutes. Skim off foam.
  6. Pour mixture into the loaf pan. Let stand, uncovered, at room temperature for 24 hours.
  7. Lift foil from pan and remove foil from sides. Cut into  $\frac{3}{4}$ " squares with knife dipped into sugar. Roll squares in sugar.
  8. Let the gumdrops stand uncovered at room temperature 1 hour. Store gumdrops in an airtight container.

**Yield:** About 72 Gumdrops



## Seasons of the Earth

Ah, January. For those living in the North, this means cold, sleet, and snow. Residents in the southern areas of the globe enjoy sunshine and warm days. Have you ever wondered why some parts of the Earth experience different seasons? The answer comes from the relationship between the Earth and Sun. The Earth orbits around the Sun, and its orbit is not a perfect circle. Our planet orbits about 91.4 million miles from the sun in January and about 94.5 million miles in July.

Earth has an axis which is best understood as an imaginary line passing

through the Earth from the North to the South Pole. The earth rotates on its axis once every 24 hours. As the Earth orbits the sun; its axis tilts at an angle of about 23.5 degrees, according to NASA. In January, the Earth is tilted with the North Pole pointed away from the sun, and the South Pole is pointed to the sun. The result is in the winter the North receives direct sunlight at a very low angle and thus does not receive as much solar energy/heat as during the summer.

## Experiment for Seasons of the Earth

This experiment demonstrates why dark colors retain heat.

**Supplies Needed:** Three baking pans with snow or ice shavings, black, white and green felt.

**Process:** Cover each pan with one of the colors of felts. Place the pans on a sunny windowsill.

**Result:** The pan covered in black will melt the fastest, followed by the green and the white. This is because dark colors absorb more light. The light energy turns into heat and thus melts the snow faster.



# Cats

Studies have shown that people who own pets live longer, have less stress, and have fewer heart attacks. If you love life with your cat, making her happy, and untangling the mysteries of her felineness, then read on.

## Facts

- ❖ A cat will almost never meow at another cat. Cats use this sound for humans.
- ❖ A cat uses its whiskers as feelers to determine if a space is too small to squeeze through.
- ❖ A cat sees about six times better than a human at night.
- ❖ A cat can jump at least seven times its height.
- ❖ Cats do not sweat since they have no sweat glands.
- ❖ Kittens are born with blue eyes.
- ❖ A female cat may have three to seven kittens every four months.
- ❖ In Asia and England, a black cat is considered lucky.
- ❖ A 15 year old cat has probably spent 10 years of its life sleeping.
- ❖ Chocolate and acetaminophen are poisonous to cats as well as dogs.
- ❖ A cat's tongue is scratchy because it's lined with papillae-tiny backwards hooks that help to hold prey in place.
- ❖ Cats, not dogs, are the most common pet in America.



## Cat Proverbs

Curiosity killed the cat, but satisfaction brought her back! English

Beware of people who dislike cats.-Irish

An old cat will not learn how to dance.-Moroccan

After dark, all cats are leopards.-Native American

Happy owner, happy cat. Indifferent owner, reclusive cat.-Chinese

The cat was created when the lion sneezed.-Arabian

Happy is the home with at least one cat.-Italian

The cat is nature's beauty.-French

## SuperBowl Trivia

The first Super Bowl was played in 1967 at the Memorial Coliseum in Los Angeles, CA. The Green Bay Packers of the National Football League defeated the Kansas City Chiefs of the American Football League, 35-10.

No network footage exists of Super Bowl 1. It was taped over, supposedly for a soap opera.

The winning Super Bowl team gets the Vince Lombardi Trophy, named for the coach of the Green Bay Packers, who won the first two Super Bowl games. Following his death in September 1970, the trophy was named the Vince Lombardi Trophy, first awarded at Super Bowl V in Miami. The NFL pays for up to 150 rings for the winning Super Bowl team at \$5,000 apiece and 150 pieces of jewelry for the losing Super Bowl team, each coosting up to half the price of the Super Bowl ring.

Super Bowl Sunday is the second-largest U.S. food consumption day, following Thanksgiving.

No NFL team has ever played the Super Bowl on its own home field. No Super Bowl game has ever gone into overtime play.

### Memorable Commercial

*Coke-Mean Joe Greene.*

A kid offers his Coca-Cola to a battle-weary Greene who softens up enough to toss his jersey as a reward.

The Dallas Cowboys have scored the most points (221).

The Denver Broncos have allowed the most points (206).

The Miami Dolphins are the only team that failed to score a touchdown in a Super Bowl game. The longest field goal in SuperBowl history was by Steve Christie (Buffalo Bills). Christie hit a 54-yarder in the first quarter of Super Bowl XXVIII vs. Dallas. Jason Elam (Denver Broncos) has the second-longest field goal of 51 yards.

The most famous Super Bowl commercial was a 1974 ad for Noxzema featuring Super Bowl legend Joe Namath.



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